

UW Medicine
HALL HEALTH CENTER

An affiliation of UW Neighborhood Clinics.

August 12, 2022

RE: Roddy Alan Stegemann
DOB: 12/13/1949

King Country District Court Judge
Case: 22-1-03537-1

I am a family practice physician, practicing in Seattle for the past 20 years. Mr. Stegemann has been my regular patient for the past 3 years.

Recently Mr. Stegemann has requested that I endorse his karate lessons at Seido Juku Seattle located in the Japanese Cultural Center as therapy for the anxiety that he has incurred since his December 30th 2021 encounter as an assault victim. I have noted significant improvement in his mental well-being since he began karate-training. Not only has the training helped him overcome his anxiety and fear of being assaulted again, but he demonstrates a marked improvement in his overall mental and physical health since he began his training.

I recommend that he continue karate training. Restitution covering the cost of this training would be beneficial to his overall improvement as he has reported to me that he has limited financial resources.

Thank you for your time and consideration.



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